

2025 to 2026 EM NBU Medical, Dental and Vision Premiums Comparison

The charts below detail the 2026 premium annual and bi-weekly increases for each Emerging Markets employee type.

Staff

Plan	Annual Premium	2026 Bi-Weekly Premium
Simply Blue PPO \$1,000		
Employee Only	\$1,820	\$70.00
Employee + Spouse	\$3,640	\$140.00
Employee + Child(ren)	\$2,730	\$105.00
Family	\$4,550	\$175.00
Simply Blue HSA \$2,000		
Employee Only	\$208	\$8.00
Employee + Spouse	\$416	\$16.00
Employee + Child(ren)	\$312	\$12.00
Family	\$520	\$20.00
Employer HSA Contribution		
Employee Only	\$500	--
Employee + Spouse	\$1,000	--
Employee + Child(ren)	\$750	--
Family	\$1,250	--
Blue Dental PPO Plus		
Employee Only	\$338	\$13.00
Employee + Spouse	\$676	\$26.00
Employee + Child(ren)	\$507	\$19.50
Family	\$845	\$32.50
Blue Dental EPO		
Employee Only	\$130	\$5.00
Employee + Spouse	\$260	\$10.00
Employee + Child(ren)	\$195	\$7.50
Family	\$325	\$12.50
Blue Vision VSP		
Employee Only	\$52	\$2.00
Employee + Spouse	\$104	\$4.00
Employee + Child(ren)	\$78	\$3.00
Family	\$130	\$5.00
Heritage Vision		
Employee Only	\$52	\$2.00
Employee + Spouse	\$104	\$4.00
Employee + Child(ren)	\$78	\$3.00
Family	\$130	\$5.00

Manager/Director

Plan	Annual Premium	2026 Bi-Weekly Premium
Simply Blue PPO \$1,000		
Employee Only	\$2,730	\$105.00
Employee + Spouse	\$5,460	\$210.00
Employee + Child(ren)	\$4,095	\$157.50
Family	\$6,825	\$262.50
Simply Blue HSA \$2,000		
Employee Only	\$312	\$12.00
Employee + Spouse	\$624	\$24.00
Employee + Child(ren)	\$468	\$18.00
Family	\$780	\$30.00
Employer HSA Contribution		
Employee Only	\$250	--
Employee + Spouse	\$500	--
Employee + Child(ren)	\$375	--
Family	\$625	--
Blue Dental PPO Plus		
Employee Only	\$423	\$16.27
Employee + Spouse	\$845	\$32.50
Employee + Child(ren)	\$634	\$24.38
Family	\$1,056	\$40.62
Blue Dental EPO		
Employee Only	\$163	\$6.27
Employee + Spouse	\$325	\$12.50
Employee + Child(ren)	\$244	\$9.38
Family	\$406	\$15.62
Blue Vision VSP		
Employee Only	\$65	\$2.50
Employee + Spouse	\$130	\$5.00
Employee + Child(ren)	\$98	\$3.77
Family	\$163	\$7.09
Heritage Vision		
Employee Only	\$65	\$2.50
Employee + Spouse	\$130	\$5.00
Employee + Child(ren)	\$98	\$3.77
Family	\$163	\$6.27

Executive

Plan	Annual Premium	2026 Bi-Weekly Premium
Simply Blue PPO \$1,000		
Employee Only	\$4,004	\$154.00
Employee + Spouse	\$8,008	\$308.00
Employee + Child(ren)	\$6,006	\$231.00
Family	\$10,010	\$385.00
Simply Blue HSA \$2,000		
Employee Only	\$458	\$17.62
Employee + Spouse	\$915	\$35.19
Employee + Child(ren)	\$686	\$26.38
Family	\$1,144	\$44.00
Employer HSA Contribution		
Employee Only	\$150	--
Employee + Spouse	\$300	--
Employee + Child(ren)	\$225	--
Family	\$375	--
Blue Dental PPO Plus		
Employee Only	\$507	\$19.50
Employee + Spouse	\$1,014	\$39.00
Employee + Child(ren)	\$761	\$29.27
Family	\$1,268	\$48.77
Blue Dental EPO		
Employee Only	\$195	\$7.50
Employee + Spouse	\$390	\$15.00
Employee + Child(ren)	\$293	\$11.27
Family	\$488	\$18.77
Blue Vision VSP		
Employee Only	\$78	\$3.00
Employee + Spouse	\$156	\$6.00
Employee + Child(ren)	\$117	\$4.50
Family	\$195	\$7.50
Heritage Vision		
Employee Only	\$78	\$3.00
Employee + Spouse	\$156	\$6.00
Employee + Child(ren)	\$117	\$4.50
Family	\$195	\$7.50